

內分泌及糖尿病中心 Endocrine & Diabetes Centre

For application and enquiries,
please contact us at:

Endocrine & Diabetes Centre

10/F, Li Shu Pui Block
Hong Kong Sanatorium & Hospital
2 Village Road, Happy Valley, Hong Kong

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Service Hours

Monday to Friday: 9:00 am - 5:00 pm

Saturday: 9:00 am - 1:00 pm

Closed on Sundays and Public Holidays

www.hksh-hospital.com

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HKSH Diabetes Club



養和醫院

Hong Kong Sanatorium & Hospital

內分泌及糖尿病中心
Endocrine & Diabetes Centre

Endocrine & Diabetes Centre

With a team of medical professionals and advanced medical technologies, the Endocrine & Diabetes Centre of the Hong Kong Sanatorium & Hospital aims to provide excellent quality diabetes care and education services to those who have diabetes, as well as their families, in order to achieve good blood glucose control, prevent complications and enhance quality of life.

Established in 2005, the Diabetes Club is a special patient group for people with diabetes with the aim to build a support network for people with diabetes and share their experiences through various activities.

Our Objectives

- To provide diabetes-related information regularly to people with diabetes and their families to enhance their understanding of this specific condition
- To create a better environment through various activities to enhance patient-patient, and patient-healthcare team communication
- To achieve the goal of “Stay Healthy with Diabetes, Be Smart, Take Charge!” through mutual help and continuing education

Healthcare Team

Endocrinologist

Diabetes Nurse

Registered Dietitian

Clinical Health Psychologist

Physiotherapist

Podiatrist

Pharmacist

Membership Benefits

- New member can choose one of the following offers which is valid within three months from enrollment:
 - One free Glucometer or
 - One free DM Dietary Advisory Service or
 - One free DM Nursing Advisory Service or
 - One free test for HbA1c and Urine for Microalbumin
- Regular newsletters and email alerts providing diabetes-related news and information
- Regular diabetes-related talks and activities

Activities of Diabetes Club

- Diabetes and Health Talks
(Delivered by Endocrinologist and other specialists e.g. Cardiologist and Ophthalmologist, Clinical Health Psychologist, Diabetes Nurse and Registered Dietitian)
- Diabetes Cooking Class
- Dine out gathering
- Exercise class

Entrance and Lifetime Membership	HK\$730
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