

Hong Kong Sanatorium & Hospital

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Service Hours

Mon, Tue, Thu & Fri: 9:00 am - 6:00 pm

Wed: Closed all day

Sat: 9:00 am - 1:00 pm

(except in the second and fourth week of each month, the Centre will open all day Saturdays)

Closed on Sundays and Public Holidays

Consultation by Appointment



Food Ordering for Patients with Food Allergies and Food Intolerances



For enquiries and appointments,
please contact us

- Please inform our staff about your food avoidance when ordering your foods during your hospital stay
- Please do a final check before enjoying your meal to ensure your own safety
- For your family members and friends, we advise them to enjoy the mentioned foods in the Hospital's restaurant located on the 4th floor for safety precaution
- If your food allergy or food intolerance condition has improved or changed, or you no longer need to strictly avoid the mentioned foods or ingredients, please contact your named nurse to document the changes
- Please note the original production area or facilities of food ingredients or seasonings used in the Hospital might have also processed other food allergens

For any patient who requires **strict avoidance** of certain foods or ingredients secondary to food allergy or intolerance, please inform our staff about related food avoidance when ordering foods during hospital stay.

Our **Food Allergy Friendly Menu** is available to ensure safe food choices. This menu is designed for people with food allergies and has been screened by our dietitians. All dishes on the menu are modified to use simple ingredients and condiments with lower amount of additives and preservatives. Our chefs will also apply steps to prevent allergen cross-contamination during food preparation.

In order to ensure your safety, our Food & Beverage Department **will not provide** any dishes containing the known foods and ingredients causing your allergies and/or intolerances. For your family members and friends, we advise them to enjoy these foods in our Hospital Canteen located on the 4th floor for safety precaution.

If your food allergy or food intolerance condition has improved or changed, or you no longer need to strictly avoid the mentioned foods or ingredients, please contact your named nurse to document the changes.

For further information related to food allergy and intolerance, please consult our allergy dietitians.

