







新聞稿 Press Release

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## Housing Society Elderly Project Named The Tanner Hill Health Infrastructure Built in Collaboration with Hong Kong Sanatorium & Hospital and BU School of Chinese Medicine

The Hong Kong Housing Society (HKHS) today (26 May) announced the name of the Joyous Living project, The Tanner Hill, and partnership with Hong Kong Sanatorium & Hospital and the School of Chinese Medicine of Hong Kong Baptist University (BU) to jointly provide health and wellness services for the project.

In face of the ageing community, HKHS actively promotes the concept of "ageing in place" through various elderly housing schemes and related services catering to different housing needs of the elderly, including the "Ageing-in-Place" Scheme for the elderly tenants in its rental estates and the Senior Citizen Residences Scheme for the middle-income retirees.

HKHS Chairman Marco Wu said, "In tandem with social progress, some elderly have higher expectations on the quality of retirement living. However, the market lacks the kind of elderly housing customised for them. To fill this market gap, HKHS took reference of foreign models and introduced the 'Joyous Living' quality retirement housing scheme."

The Tanner Hill is the first non-subsidised quality retirement housing project in Hong Kong, offering 588 independent living residential flats in the form of "life lease" for retirees aged over 60. At its final stage of development, the project is expected to complete within this year and the flats will be ready for lease then.

Apart from the residential flats, The Tanner Hill is also equipped with a Residential Care Home for the Elderly, a Day Care Centre and a Rehab Centre etc to facilitate residents in different health states to live independently and enjoy life in a familiar environment.

The amenities of The Tanner Hill are designed under the age-friendly principles, comprising the three major elements of quality retirement living, namely lifestyle, home care support, health and wellness services.

With respect to health and wellness services, HKHS has reached agreement with Hong Kong Sanatorium & Hospital to set up the Family Medicine & Primary Care Centre (Tanner Hill) and Senior Citizen Wellness Centre. Adopting a new service model and combining clinic and wellness services, the Center will provide comprehensive services in safeguarding the health and well-being of the residents of The Tanner Hill as well as those in the local community. This is poised to form a strong medical support infrastructure.

Hong Kong Sanatorium & Hospital Medical Superintendent Dr Walton Li said, "The holistic approach taken by HKHS in developing the project and serving its residents is shared by Hong Kong Sanatorium & Hospital which is also committed to achieving Total Patient Experience for those we serve."

Apart from family medicine specialists, the new clinic will also be attended by a specialist in geriatric medicine providing at least two sessions per week to cater to the needs of the Tanner Hill residents. Besides, the patients' medical records will be shared and accessible among the network of Hong Kong Sanatorium & Hospital in Happy Valley and other clinics to facilitate a seamless service for the patients in different areas.

Dr Joseph Chan, Deputy Medical Superintendent of Hong Kong Sanatorium & Hospital added, "Apart from providing medical care, we will also pull in other specialists and allied health professionals at our wellness centre to arrange periodic screening for the residents and health talks for the public to help promote the concept of healthy living."

Dr Li continued, "Primary care plays an important role in promoting public health. As the first point of contact, a family doctor will try to understand a patient's lifestyle and family history with a view to providing timely and targeted diagnosis for treatment as well as disease prevention. The patient will be referred to a specialist as and when necessary. Hence, a strong primary care system is pivotal in relieving the long-term disease burden of society."

Besides, HKHS has also formed partnership with BU School of Chinese Medicine to operate the Hong Kong Baptist University Chinese Medicine Specialty Clinic (North Point) in The Tanner Hill. The clinic will not only serve the residents of The Tanner Hill, but also members of the public in providing Chinese medicine support. Throughout the years, the School has strived to promote the local development of Chinese Medicine and provide Chinese medical services of high standard to all sectors of the community through research and practice. This joint venture is facilitated and shared by the same vision of HKHS.

The clinic will offer quality Chinese medicine services in specialised areas. Besides general practices, orthopaedics and traumatology, and acupuncture services, they also provide specialised Chinese medicine for gerontology, neuroendocrinology, pain management, rehabilitation, oncology, pediatrics and more. With the emphasis of "prevention is better than cure" in Chinese medicine treatment and nourishment, the clinic will also provide Gao Fang Health Nourishment Service to meet the health care needs of the elderly.

Chinese medicine sees the human body as a holistic entity, not simply as a combination of parts, so a Chinese medicine information system will be introduced to help the clinic follow up on their patients' progress based on medical histories, health conditions and to prescribe medicine as required.

Dean of BU School of Chinese Medicine Professor Lu Ai-ping said, "With our strong background in Chinese medicine and professional administrative support, we share the same vision with HKHS to serve the community. As a result of this unprecedented collaboration, we are confident that synergies will be created."

The Hong Kong Sanatorium & Hospital Healthcare Family Medicine & Primary Care Centre (Tanner Hill) and Senior Citizen Wellness Centre, as well as the Hong Kong Baptist University Chinese Medicine Specialty Clinic (North Point) are expected to come into operation in the second quarter of 2016. The two clinics will offer consultation fee discount for residents of The Tanner Hill while Health Care Voucher can also be used.

Mr Marco Wu expects that The Tanner Hill, as a pilot project, will set a prototype for quality retirement living and attract other organisations to embark on similar projects to provide ideal retirement living for more elderly in Hong Kong.

(Photo enclosed)

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## Photo:



HKHS Chairman Marco Wu (3<sup>rd</sup> from left), Chairman of HKHS Special Committee on Elderly Housing Walter Chan (4<sup>th</sup> from right), HKHS Director (Development and Marketing) Daniel Lau (1<sup>st</sup> from right), HKSH Medical Superintendent Dr Walton Li (2<sup>nd</sup> from left), HKSH Deputy Medical Superintendent Dr Joseph Chan (1<sup>st</sup> from left), Associate Vice-President and Director of Clinical Division, HKBU School of Chinese Medicine Prof Bian Zhao-xiang (2<sup>nd</sup> from right) and Dean, HKBU School of Chinese Medicine Prof Lu Ai-ping (3<sup>rd</sup> from right) introducing the health and medical services of The Tanner Hill



Medical Superintendent of HKSH, Dr. Walton LI said: "It is the first collaboration between HKSH Healthcare and Hong Kong Housing Society and the centre provides a new model of service for the elderly".



Deputy Medical Superintendent, Dr. Joseph CHAN added: "Apart from primary care, the new centre will also serve as a wellness centre to arrange periodic screening, health talks and workshop for residents and public to help promote the concept of healthy living."