HKSH Gastroenterology & Hepatology Centre

Happy Valley

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Service Hours

Monday to Friday: 9:00 am - 5:00 pm Satuday: 9:00 am - 1:00 pm Closed on Sundays and Public Holidays Consultation by Appointment

Admiralty

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> For enquiries and appointments, please contact us



養和腸胃肝臟科中心

HKSH Gastroenterology & Hepatology Centre

Our Services

At HKSH Gastroenterology & Hepatology Centre, we provide comprehensive care to our patients' needs. We are fully equipped to diagnose and treat a broad spectrum of medical conditions, from common gastrointestinal to digestive problems related to the hepato-biliary system. Our on-demand service model aims to treat patients with efficiency, good service and high professionalism, with special emphasis on patient comfort and safety.

Gastroscopy

Our Centre provides specialist care to patients with suspected dyspepsia (indigestion), heartburn and acid reflux, and motility disorders. Endoscopic services include gastroscopy with both diagnostic and therapeutic services available. Examples of specific upper endoscopic procedures include endoscopic biopsies, testing of Helicobacter pylori infection, standard polypectomy, esophageal variceal ligation and attention to gastrostomy tube cases. Motility services include 24pH studies and BRAVO wireless pH monitoring.

Colonoscopy

Our Centre also provides colonoscopy for clients who require colon (and/or distal small intestine) investigations. Examples of such endoscopic services include screening colonoscopy, colonic and terminal ileal biopsies, standard polypectomy, haemorrhoid ligation and anorectal manometry. All endoscopic services are provided with intravenous sedation given by the attending endoscopist. If and when required, our anaesthesiologists can also provide deeper sedation with monitored anaesthesia care. Endoscopy report and histological findings are discussed in depth with the patient upon completion of the endoscopic procedure.

Liver, Gallbladder and Pancreatic Diseases

Besides gastrointestinal problems, our Centre also caters to patients who have liver, gallbladder and pancreatic conditions. Comprehensive blood tests are available for hepatitis screening and follow-up, fatty liver assessment and risk factor stratification. Our new Fibrotouch elastography allows measurement of degree of fibrosis and fatty liver (CAP scores) to prognosticate and monitor treatment responses. Patients who require further imaging and specialised tests can also have these investigations arranged.

Colon Cancer Screening

Colon cancer remains an important and highly preventable cancer in Hong Kong. Our Centre provides colon cancer screening package that includes the following: detailed medical and surgical history, physical examination, blood testing for anaemia, iron-deficiency and colon cancer markers. Stool collection can facilitate detection of occult blood. Colonoscopy with both diagnostic and therapeutic intent can also be arranged for patients who require such procedure. Colonic polyps are often benign lesions that can progress to cancer if not removed. Endoscopic detection of colonic polyps using traditional white light and narrow band imaging allow the endoscopist to detect small and inconspicuous polyps that may be difficult to see with the naked eye. Complete removal of polyps minimises the chance of recurrence and/or potential transition to cancerous growth. Medical advice and counseling will be provided to all patients on post-polypectomy care and on future monitoring planning.

We aim to provide patients with more holistic cancer prevention view by also discussing with our patients ways to prevent cancer with an emphasis on healthy living and eating. For individuals with family history of colon cancer or colonic polyps at a young age (less than 40 years of age), familial testing (both blood tests for cancer genes and colonoscopy) can be arranged with appropriate genetic counseling provided.