



Cryotherapy

Why Do I Need Cryotherapy?

Increased vaginal discharge or post-coital bleeding due to cervical erosion can be managed by cryotherapy.

What Is Cryotherapy?

To apply a cervical probe of an appropriate size onto the cervix and use nitrous oxide as the refrigerant to reduce the temperature to -60 to -70 degrees Celsius for a few minutes. For treatment of vaginal discharge, genital tract infections should be excluded. For treatment of post-coital bleeding, cervical malignant or pre-malignant conditions should be excluded.

Is It Painful and Will It Cause Bleeding? Would There Be any Discomfort after Treatment?

You may have some discomfort and it does not normally cause pain or bleeding. You will have a lot of vaginal discharge in the first 6 weeks after treatment. Sexual intercourse should be avoided during that period.

Are There any Risks?

The risk of causing damage to the genital tract is rare.

How Should I Prepare for a Cryotherapy?

You should avoid sexual intercourse for 3 days before treatment.

Will It Affect My Ability to Bear Children?

No, you can bear children when you are fully recovered from the treatment.

What Is the Effectiveness of the Treatment?

More than 90% of patients would see improvement in symptoms after treatment. You may need repeated treatment if symptoms persist or recur.

For emergency, please contact us through:

Hospital Main Exchange : (852) 2572 0211

Obstetrics & Gynaecology Centre : (852) 2835 7878

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Service Hours

Monday to Friday : 9:00 am – 5:00 pm
Saturday : 9:00 am – 1:00 pm
(Closed on Sundays and Public Holidays)



冷凍治療

我為何要接受冷凍治療？

如因子宮頸糜爛導致陰道分泌物增加或性交後出血，可接受冷凍治療。

甚麼是冷凍治療？

將一大小適中的子宮頸探針置於子宮頸，並以一氧化氮作冷凍劑，將子宮頸溫度降至攝氏零下60至70度，為時數分鐘。如陰道分泌關乎生殖道受感染，又或性交後出血與子宮頸癌或癌前病變有關，則不宜進行治療。

治療會否引起痛楚及出血？治療後會否感到不適？

治療一般不會引致出血或痛楚，但您或會感到有點不適。陰道在治療後首六週內將排出大量分泌物，期間應避免進行性行為。

治療有何風險？

生殖道受損風險微乎其微。

治療前該作何準備？

應避免在治療前三日進行性行為。

治療會否影響我的生育能力？

不會。待治療完成後完全康復，您便可以懷孕。

治療是否有效？

逾九成病人的病徵均在治療後有所改善。如病徵持續或再現，或需再次接受治療。

婦產科中心

如需緊急診治，請致電本院總機：(852) 2572 0211

婦產科中心：(852) 2835 7878

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星期一至五：上午九時至下午五時
星期六：上午九時至下午一時
(星期日及公眾假期休息)