

Department of Health Assessment

Hong Kong Sanatorium & Hospital

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www.hksh-hospital.com
Monday to Friday: 8:00 am – 5:00 pm
Saturday: 8:00 am – 1:00 pm
Closed on Sundays and Public Holidays

HKSH Eastern Medical Centre

5/F, Li Shu Fong Building
5 A Kung Ngam Village Road
Shau Kei Wan, Hong Kong
Tel: (852) 2917 1150
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www.hksh-emc.com
Monday to Saturday: 8:00 am – 4:00 pm
Closed on Sundays and Public Holidays

For enquiries and appointments,
please contact us



Stay Healthy Check Regularly



Health in Your Hands

Regular health checks can bring priceless benefits to your health. A health assessment includes different tests and examinations which can give you an overview of your current health and look into the future by identifying your health risks.

With the advancement of medicine, if caught early, such chronic illnesses as heart diseases, diabetes and many cancers are treatable. Our health assessment teams are dedicated to advising you on health examinations that suit your needs. Examinations are carried out in one place and you will be able to discuss results/concerns with our experienced doctors.

Stay healthy and schedule a visit to HKSH health assessment team!

Health Assessment Schemes

(Applicable to Hong Kong Sanatorium & Hospital and HKSH Eastern Medical Centre)

Health Assessment Package	A	B
Medical History	✓	✓
Physical Examination	✓	✓
Laboratory Investigation		
Complete Blood Count including Platelet	✓	✓
Blood Film	✓	✓
E.S.R.	✓	✓
*Blood Grouping and Rh Typing	✓	✓
*G6PD	✓	
Kidney Function: Urea	✓	✓
Creatinine	✓	✓
eGFR	✓	✓
Electrolytes: Na, K	✓	✓
Calcium	✓	✓
Albumin-Adjusted Calcium	✓	✓
Liver Function: Bilirubin, Total and Direct	✓	✓
AST	✓	✓
ALT	✓	✓
Alkaline Phosphatase	✓	✓
Gamma GT	✓	✓
Hepatitis B Screening: HBs Antigen	✓	✓
HBs Antibody	✓	✓
Proteins: Total, Albumin, Globulin	✓	
Thyroid Function: FT4	✓	
TSH	✓	✓
Lipid Profile: Cholesterol-Total, HDL and LDL	✓	
Triglycerides	✓	✓
Total Cholesterol / HDL-C Ratio	✓	✓
Non-HDL Cholesterol	✓	✓
Diabetic Screening: Fasting Glucose	✓	✓
Haemoglobin A1C	✓	✓
estimated Average Glucose (eAG)	✓	✓
Gout Screening: Uric Acid	✓	✓
Serology: Anti-Rubella Virus IgG (Female Only)	✓	
Treponema Pallidum Antibody for Syphilis	✓	✓
Tumour Markers: Alpha-Fetoprotein (AFP)	✓	✓
EBV DNA (NPC Quantitative)	✓	✓
Prostate Specific Antigen (PSA) (Male Only)	✓	
Stool: Routine Examination, Occult Blood	✓	✓
Urine: Routine Examination	✓	✓
Treadmill Exercise Stress Test	✓	
Electrocardiogram		✓
*X-ray Examination: Chest	✓	✓
Ultrasound Examination		
Upper Abdomen: Liver, Pancreas, Gall Bladders, Kidneys, Spleen	✓	✓
Lower Abdomen: Reproductive Organs (Female)	✓	✓
Dietitian Consultation (On Reporting Date)		
Time Required (Hour)	5	3
Package Price (HKD)	\$12,600	\$8,100

*Only for first-time participants of the specified Assessment Schemes

*Participants of any Health Assessment Plan can enjoy a special offer (HK\$2,200) to upgrade from Chest X-Ray to Low Dose CT Thorax

Well Women Screening Package

(For participants of Health Assessment Package only)

Package Price	Ultrasound of Breasts + Pap Smear	3D Mammogram + Pap Smear	3D Mammogram + Ultrasound of Breasts + Pap Smear
Pap Smear by Doctor	\$3,080	\$3,670	\$4,920
Pap Smear* by Nurse	\$2,370	\$3,010	\$4,260

*Pap smear carried out by a nurse is only available at Hong Kong Sanatorium & Hospital. Prices and packages are subject to change without prior notice.

體格健康檢查部

養和醫院

香港跑馬地山村道2號李樹培院10樓

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星期一至星期五：上午八時至下午五時

星期六：上午八時至下午一時

星期日及公眾假期休息

養和東區醫療中心

香港筲箕灣阿公岩村道5號李樹芳樓5樓

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星期一至星期六：上午八時至下午四時

星期日及公眾假期休息



守護健康 防患未然

查詢或預約，歡迎聯絡我們



健康在你手

定期進行身體檢查，對健康至為重要。體檢套式服務包括各類測試及檢查，有助了解個人健康狀況，及早預防和找出可能的健康風險。

醫學發展一日千里，心臟病、糖尿病及各類癌症等長期病患，如能及早發現，均可對症下藥。我們的體格健康檢查團隊致力配合不同人士的醫療需要，制訂合適的體檢方案，並提供一站式服務。本部的資深醫生亦會與您講解檢查結果和您關心的問題，細心跟進。

及早為健康籌謀，擁抱精彩人生！請即預約養和體格健康檢查團隊。

健康檢查計劃 (適用於養和醫院及養和東區醫療中心)

健康檢查計劃	A	B
病歷	✓	✓
體格檢查	✓	✓
化驗室檢查		
血液常規檢查 — 包括血小板	✓	✓
血塗片	✓	✓
紅血球沉降率	✓	✓
*ABO及恒河猴血型	✓	✓
*紅血球葡萄糖-6-磷酸脫氫酶	✓	✓
腎功能：尿素	✓	✓
肌酸酐	✓	✓
腎小球濾過率	✓	✓
電解物：鈉、鉀	✓	✓
鈣	✓	✓
白蛋白調整鈣	✓	✓
肝功能：總及直接膽紅素	✓	✓
谷草轉氨酶	✓	✓
谷丙轉氨酶	✓	✓
鹼性磷酸酶	✓	✓
丙種谷氨酰轉胺酶	✓	✓
乙型肝炎：乙型肝炎表面抗原	✓	✓
乙型肝炎表面抗體	✓	✓
蛋白質：總蛋白、白蛋白、球蛋白	✓	✓
甲狀腺功能：游離甲狀腺素	✓	✓
促甲狀腺激素	✓	✓
血脂：膽固醇 — 總、高密度及低密度	✓	✓
三酸甘油酯	✓	✓
膽固醇 / 高密度膽固醇比值	✓	✓
非高密度膽固醇	✓	✓
糖尿病：空腹血糖	✓	✓
糖化血色素	✓	✓
平均血糖估計值	✓	✓
痛風症：尿酸	✓	✓
血清學：德國麻疹抗體 IgG (女性)	✓	✓
梅毒螺旋菌抗體	✓	✓
瘤腫指標：甲胎蛋白 (肝)	✓	✓
EBV DNA (鼻咽癌定量測試)	✓	✓
前列腺癌抗原 (男性)	✓	✓
大便：常規檢查、隱血	✓	✓
小便：常規檢查	✓	✓
踏旋器運動測驗	✓	✓
心電圖	✓	✓
*X光檢查：肺	✓	✓
超聲波檢查		
上腹：肝、胰、膽囊、腎、脾	✓	✓
下腹：內生殖器官(女性)	✓	✓
營養師專業指導 (將於闡釋報告同日進行)	✓	✓
需要時間 (小時)	5	3
套式收費 (港幣)	\$12,600	\$8,100

*只適用於首次參與該項計劃的檢查者

*參與健康檢查計劃者，可選擇把[X光檢查：肺]以優惠價(港幣2,200元)升級至「低輻射量胸胸電腦掃描」

婦女檢查計劃

(只限參與健康檢查計劃之女性)

套式服務	乳房超聲波檢查 + 子宮頸塗片	三維乳房造影 + 子宮頸塗片	三維乳房造影 + 乳房超聲波檢查 + 子宮頸塗片
醫生施行塗片檢查	\$3,080	\$3,670	\$4,920
護士施行塗片檢查*	\$2,370	\$3,010	\$4,260

*只限養和醫院進行收費及檢查計劃如有更改，恕不另行通知