

義工意願 Volunteering Preferences



養和山村義工隊
HKSH Village Volunteers

姓名 Name : _____

山村義工號碼 VV Number (如有 If applicable) : _____

興趣及專長 Interests and Strengths :

- 文書 Administrative Work
- 聯絡 Liaison
- 活動統籌 Event Planning
- 活動執行 Event Execution
- 教育 Education
- 輔導 Counselling
- 籌款 Fundraising
- 探訪 Visits
- 環保 Environmental Protection
- 美工 Arts & Crafts
- 體育 Sports
- 寫作 Creative Writing
- 設計 Design
- 攝影 Photography
- 樂器 Musical Instruments (請說明 Please specify _____)
- 其他 Others (請說明 Please specify _____)

可參與義工服務時間 Preferred Volunteering Hours (可選多項 Please check all applicable) :

- 星期一至五 Mondays to Fridays
- 星期六 Saturdays
- 星期日或公眾假期 Sundays or Public Holidays
- 上午 Morning
- 下午 Afternoon
- 黃昏 Evening
- 無特定時間 No Preference

本人有意參與以下項目 (可選多項) :

I would like to participate in the following project(s):

- 養和健步樂行獻愛心 HKSH Walk for Vision (每年三月 Every March)

需義工參與籌備、當值、義賣、籌款

Volunteers needed for planning and preparation, on-site support, charity sales and fundraising work



- 養和聖誕愛心嘉年華 HKSH Christmas Party (每年十二月 Every December)

需義工參與籌備、當值、義賣、籌款

Volunteers needed for planning and preparation, on-site support, charity sales and fundraising work



- 養和健康特工 HKSH Health Buddies

服務基層家庭、兒童等有需要之人士，定期舉辦交流活動，加強他們的健康知識，鼓勵他們投入社區，建立健康生活方式。

HKSH Health Buddies serve as a health arm for the grassroots, underprivileged families and children in Hong Kong in order to enhance their health knowledge and encourage them to integrate into the community.

- 東涌行者家庭計劃 Tung Chung Trekkers Family (每年四至六次 Four to six times a year)

為東涌基層家庭提供外展支援服務

Provide outreach support services for grassroot families in the Tung Chung area

- 啟迪會 Enlighten - Action for Epilepsy (每年一、兩次 One to two times a year)

協助腦癇人士及家屬參與不同體驗活動

Assist epilepsy patients and their caregivers in the participation of various activities



- 生命小戰士會 Little Life Warrior Society (不定期 Ad-hoc)
協助癌病兒童及家屬參與不同體驗活動
Assist children cancer patients and their caregivers in the participation of various activities

- 養和健康教室 HKSH Health Talks

與學校及不同社區機構合作定期舉辦健康教育講座，宣揚健康訊息。
Conduct regular health talks for schools and NGOs to promote and raise awareness of healthcare to the general public.



- 學校講座 School Health Talks

為學生、教師及家長主領健康講座

Conduct health talks for students, teachers and parents

- 心光恩望學校 Ebenezer New Hope School (每年四至六次 Four to six times a year)

為視障兼智障及弱能人士提供義診，為該校教師及病者家屬主領健康講座

Provide free clinical services for visually and mentally impaired individuals and disabled persons;
conduct health talks for the School's teachers and caregivers.

- 養和老友記 HKSH Caring Friends

關顧長者及社區上有需要的社群。

HKSH Caring Friends will join volunteer programs to cultivate a caring community for elderly and needy groups.



- 健智計劃 Dementia Care Support Project (每月 Every month)

與聖雅各福群會合作，為認知障礙症人士及家屬提供支援服務

Work in collaboration with St. James' Settlement to provide support services to dementia patients and their caregivers

- 老人院探訪 Old Folks' Home Visits (不定期 Ad-hoc)

探訪老人院，給予愛心關懷及健康資訊

Visit old folks' homes to impart care and attention and provide information on health topics

- 養和行者先鋒 HKSH Trekkers

參與由慈善機構舉辦的遠足籌款、環保或扶貧活動。

HKSH Trekkers supports various charitable hiking, environmental and youth activities in order to help alleviate poverty and protect environment.



- 樂施毅行者 Oxfam Trailwalker (每年十一月 Every November)

需義工參與籌備、比賽支援、籌款

Volunteers needed for planning and preparation, race support and fundraising work

- 綠色力量環島行 Green Power Hike (每年一或二月 Every January or February)

需義工參與籌備、比賽支援、籌款

Volunteers needed for planning and preparation, race support and fundraising work

請將填妥之表格交予職員飯堂及李樹培院一期B1出口之收集箱，或電郵至villagevolunteers@hksh.com，山村義工隊代表將與閣下聯絡。如有查詢，請電郵至villagevolunteers@hksh.com。

Please drop the completed form into the collection boxes located at the Staff Canteen and Exit B1 of the School of Nursing, or submit it by email to villagevolunteers@hksh.com. A representative from Village Volunteers will contact you directly. If you have any questions, please email villagevolunteers@hksh.com.
